



MAJLIS ATFALUL  
AHMADIYYA USA



# 2024 IJTEMA SYLLABUS SITARA

Age 7 – 8



PREPARED BY THE  
NATIONAL TALEEM DEPARTMENT  
JANUARY 2024

# Table of Contents

1	Age Categories
2	General Rules
3	Open & Closed Competitions
4	Taleem Competitions for All Age Groups
5	Recitation of the Holy Qur'an
6	Memorization of the Holy Qur'an
7	Qaseedah
8	Nazm (Urdu Poem)
9	English Speech
10	Urdu Speech
11	Salat
12	Azan
13	Essay Competition

# AGE CATEGORIES

Division of Atfal by Age Group

**SITARA**

**Age 7 - 8**

**HILAL**

**Age 9 - 10**

**QAMAR**

**Age 11 - 12**

**BADAR**

**Age 13 - 15**





# GENERAL RULES

Your age group for the whole Atfal year is determined by your age on Nov. 01, 2023:

- For example, if you are 8 years old on Nov. 01, then you should prepare for the **Sitara** age group (7-8 years old) for the whole year including the National Ijtema, despite turning 9 before the end of the Atfal year
- As an exception, for example, if a Tifl turns 9 on Nov. 02, 2023 (or any day after that during the Atfal year) - he can choose to either:

**Participate in the next age group - 'Hilal'**

**OR**

**Stay and Participate in the 'Sitara' Age group**

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IF YOU HAVE ANY QUESTIONS, PLEASE REACH OUT TO:  
[TALEEM@ATFALUSA.ORG](mailto:TALEEM@ATFALUSA.ORG)

# OPEN COMPETITIONS



Azan

Qaseedah

Essay Writing

Message Relay

Observation & Memory

Extempore Speech [English / Urdu Option]

# CLOSED COMPETITIONS



Tilawat (Recitation of the Holy Qur'an)

Memorization of the Holy Qur'an

Nazm (Urdu Poem)

English Speech

Urdu Speech

## COMPETITION ONLY HELD AT LOCAL & REGIONAL LEVEL

Memorization of Salat

# OPEN & CLOSED COMPETITIONS



- All Atfal can take part in all competitions at Local and Regional Ijtema'at. There are no closed competitions at Local and Regional Ijtema'at.
  - Closed competitions only apply for the National Atfal Ijtema.
- “Being ‘closed’ means that only those Atfal can compete in a competition at the National level who:
  - i. Qualified by obtaining 1st, 2nd or 3rd position in that competition at Regional Ijtema
  - ii. After the Regional Ijtema'at have taken place, there will be a secondary way to qualify for the closed competitions at the National Ijtema for those Atfal who do not rank in the top 3 positions at their Regional Ijtema'at.
    - There will be a ‘Waitlist’ Form shared for the Atfal to be considered and the National team will try and accommodate for as many as possible.

# Taleem Competitions for All Age Groups

## Extempore Speech

English / Urdu Option  
(For all age groups separately)

- Each participating Tifl will be given a topic on the spot and has 3 minutes to prepare a speech about it.
- Speech duration is maximum of 3 minutes. The Tifl will be provided pen and paper to prepare notes.

## Message Relay

(For all age groups  
Together)

- Groups of 4 – 5 Atfal are formed.
- A message is conveyed to the first Tifl in the group. He has to relay the message to the next group member (one by one), until it reaches the last Tifl.
- The last Tifl writes or says the message he has received.
- The team which is able to relay the original message as accurately as possible wins.

## Observation & Memory Test

(For all age groups  
Together)

- Each Tifl is shown a set of items for a few minutes. [E.g., 20 items shown for 3 minutes.]
- Afterwards, the items are taken away and the Tifl is given a pen and paper and has to write down as many items from memory as he remembers.
- Tifl remembering most items wins.

# RECITATION OF THE HOLY QUR'AN

No points are taken away if the text is read from a paper / not memorized

**SITARA**  
AGE 7 - 8

Chapter 106 -  
**SURAH QURAISH**  
Verses 1 - 5

**QAMAR**  
AGE 11 - 12

Chapter 2 -  
**SURAH AL-BAQARAH**  
Verses 22 - 23

**HILAL**  
AGE 9 - 10

Chapter 97 -  
**SURAH AL-QADR**  
Verses 1 - 6

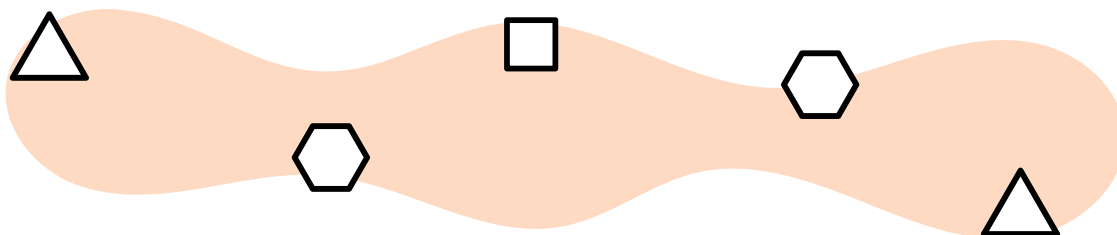
**BADAR**  
AGE 13 - 15

Chapter 2 -  
**SURAH AL-BAQARAH**  
Verses 129 - 130

# JUDGING CRITERIA

## Recitation of Holy Qur'an

<ul style="list-style-type: none"><li>• Correct Pronunciation of letters and symbols</li><li>• Stops at appropriate places</li></ul>	10 Points
<ul style="list-style-type: none"><li>• Recitation adheres to the rules of Tarteel &amp; Tajweed</li></ul>	10 Points
<ul style="list-style-type: none"><li>• The melody, voice and overall quality of recitation</li></ul>	10 Points
Total	30 Points



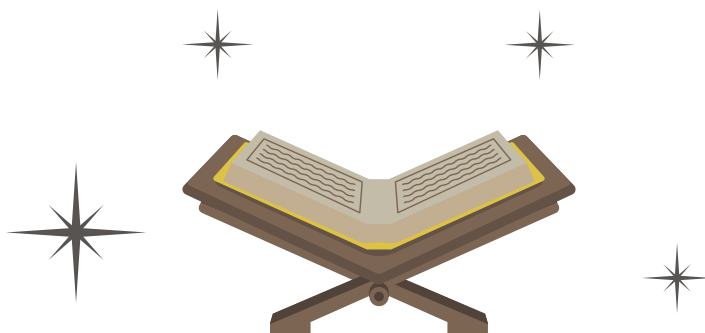
# RECITATION OF THE HOLY QUR'AN

No points are taken away if the text is read from a paper / not memorized

**SITARA**  
AGE 7 - 8

Chapter 106 - Surah Quraish - Verses 1 - 5

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ①  
إِيلَافٍ قُرَيْشٍ ②  
الْفِهِمَ رِحْلَةَ الشِّتَاءِ وَالصَّيْفِ ③  
فَلْيَعْبُدُوا رَبَّ هَذَا الْبَيْتِ ④  
الَّذِي أَطْعَمَهُمْ مِّنْ جُوعٍ ۖ وَآمَنَهُمْ  
مِّنْ خَوْفٍ ⑤





# MEMORIZATION OF THE HOLY QUR'AN

## SITARA

AGE 7 – 8

Chapter 2 – Verses 1 – 6  
Chapter 111 – Surah Al-Lahab  
Chapter 112 – Surah Al-Ikhlās  
Chapter 113 – Surah Al-Falaq  
Chapter 114 – Surah An-Nas

## HILAL

AGE 9 – 10

Chapter 2 – Verses 1 – 10  
Last 10 Chapters – Chapters 105 – 114

## QAMAR

AGE 11 – 12

Chapter 2 – Verses 1 – 14  
Chapter 2 – Verse 256 (Ayat ul Qursi)  
Last 14 Chapters – Chapters 101 – 114

## BADAR

AGE 13 – 15

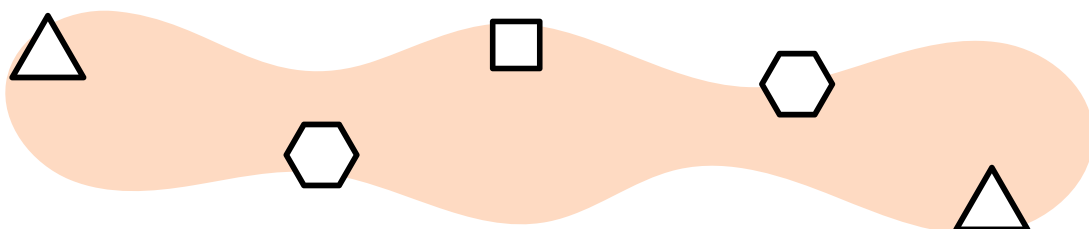
Chapter 2 – Verses 1 – 17  
Chapter 87 – Surah Al-A'la  
Chapter 88 – Surah Al-Ghashiyah  
Chapter 93 – Surah Ad-Duha  
Chapter 94 – Surah Al-Inshirah  
Chapter 95 – Surah At-Tin  
Chapter 99 – Surah Az-Zilzal



# JUDGING CRITERIA

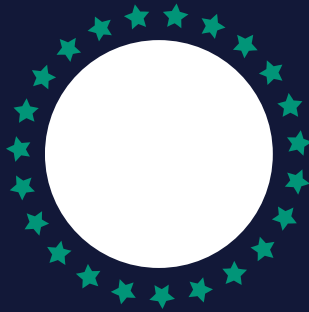
## Memorization of Holy Qur'an

• Recitation adheres to the rules of Tarteel & Tajweed	10 Points
• Memorization of allocated portions	15 Points
• Overall quality of recitation	5 Points
Total	30 Points



MEMORIZATION OF

# QASEEDAH



**SITARA**  
AGE 7 – 8

Couplets 1 - 4

**HILAL**  
AGE 9 – 10

Couplets 1 - 8

**QAMAR**  
AGE 11 – 12

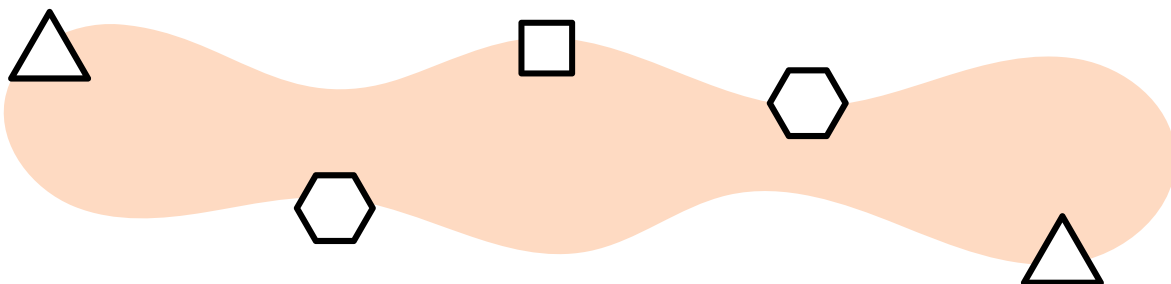
Couplets 1 - 12

**BADAR**  
AGE 13 – 15

Couplets 1 - 16

# JUDGING CRITERIA

QASEEDAH	
• Correct pronunciation & enunciation of words and letters	10 Points
• Pace, volume and overall quality of voice	10 Points
• Memorization of allocated portion	10 Points
Total	30 Points



# QASEEDAH

## SITARA COUPLETS 1 - 4

Yaa Aina Faizillah-e-Wal Irfa'ani  
Yas Aa Ilaik Al-Khalqu Kazzam  
Aani

1

يَا عَيْنَ فَيْضِ اللَّهِ وَالْعِرْفَانِ  
يَسْغَى إِلَيْكَ الْخَلْقُ كَالظَّمَانِ

Yaa Bahra Fazlil Mun'imil  
Manna'ani  
Tahwi Ilaik Az Zumaru Bil  
Keeza'ani

2

يَا بَحْرَ فَضْلِ الْمُنْعِمِ الْمَتَّانِ  
تَهْوِي إِلَيْكَ الزُّمَرُ بِاَلِكَيْزَانِ

Yaa Shamsa Mulkil Husni Wal  
Ihsa'ani  
Nawwarta Waj Hal Barri Wal  
Umra'ani

3

يَا شَمْسَ مُلْكِ الْحُسْنِ وَالْإِحْسَانِ  
نَوَّرْتَ وَجْهَ الْبَرِّ وَالْعُمَرَانِ

Qaumun Ra Auka Wa Ummatun  
Qadd Ukhbirat  
Min Zaalikal Badr-illazi Asbaani

4

قَوْمٌ رَأَوْكَ وَ أُمَّةٌ قَدْ أُخْبِرَتْ  
مِنْ ذَلِكَ الْبَدْرِ الَّذِي أَصْبَانِي

# Nazm (Urdu Poem)

## SITARA

AGE 7 – 8

Wo Peshwa Hamara

Khuda ke Paak logon ko

## HILAL

AGE 9 – 10

Kabhi Nusrat Nahi Milti

Hum Ahmadi Bachay Hain

## QAMAR

AGE 11 – 12

Bahaar Aai Hai

Ho Fazl Tera ya Rab

## BADAR

AGE 13 – 15

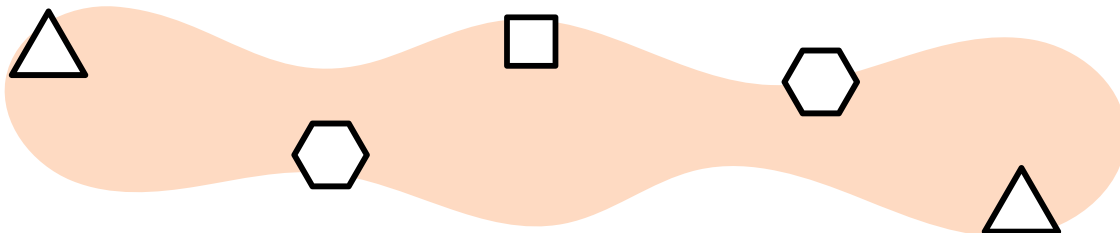
Ehad-e-shikni na karo

Khuda se Wohi Log Kertay Hain  
Piyar

# JUDGING CRITERIA

## Nazm (Urdu Poem)

• Correct pronunciation & enunciation of words and letters	10 Points
• Pace, volume and overall quality of voice	10 Points
• Control over melody/tune	10 Points
Total	30 Points



# NAZM (URDU POEM)

**SITARA**  
(AGE 7 - 8)

**Wo Peshwa Hamara - Durr-e-Sameen**

Wo peshwah hamaraa jis say hay noor sara

وہ پیشوا ہمارا جس سے ہے نور سارا

Naam us ka hay Muhammad dilbar mera yehi hai

نام اس کا ہے محمد دلبر مرا یہی ہے

Sab paak hain, pay-yambar ik dusrey se behtar

سب پاک ہیں پیمبر اک دوسرے سے بہتر

Lek az khudaye barter, Khair-ul-wara yehi hai

لیک از خدائے برتر خیر الوریٰ یہی ہے

Pehlon se khoob ter hai khoobi mein ik qamar hai

پہلوں سے خوب تر ہے خوبی میں اک قمر ہے

Is per har ek nazar hai badar-ru-dujaa yahi hai

اس پر ہر اک نظر ہے بدرالدجے یہی ہے

**Khuda ke Paak logon ko - Durr-e-Sameen**

Khuda ke paak logon ko Khuda se nusrat aati hai

خدا کے پاک لوگوں کو خدا سے نصرت آتی ہے

Jab aati hai to phir Alam ko ek Alam dekhati hai

جب آتی ہے پھر عالم کو اک عالم دکھاتی ہے

Wo Banti hai hawa aur har khasay ra ko urati hai

وہ بنتی ہے ہوا اور ہر خس رہ کو اڑاتی ہے

Wo ho jaati hai aag aur har mukhalif ko jalati hai

وہ ہو جاتی ہے آگ اور ہر مخالف کو جلاتی ہے

Gharaz ruktay nahin hargiz khuda ke kaam bando se

غرض رکتے نہیں ہر گز خدا کے کام بندوں سے

Bhala Khaliq ke Aagay Khulq ki kuch pesh jaati hai

بھلا خالق کے آگے خلق کی کچھ پیش جاتی ہے

# ENGLISH SPEECH

## SITARA

AGE 7 - 8

- Responsibilities of a Tifl
- My relationship with Huzur (aba)
- Why do I pray?

## HILAL

AGE 9 - 10

- Honoring my Atfal Pledge
- Pray to God, and He will answer your Prayers
- The Blessings of Khilafat

## QAMAR

AGE 11 - 12

- Ba'it & Our Responsibilities
- Khilafat - The Source of Peace
- Atfal Pledge and My Responsibilities

## BADAR

AGE 13 - 15

- Fulfilling My Pledge as a Tifl
- Ahmadiyyat - The True Islam
- Khilafat - The Rope of Allah

## SPEECH DURATION

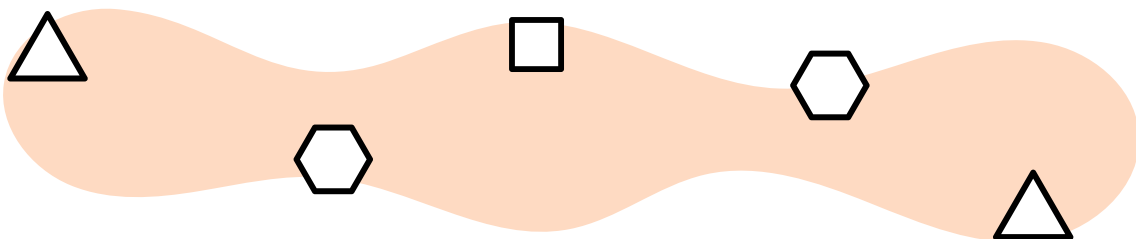
SITARA/HILAL  
QAMAR/BADAR

2-3 MINUTES  
3-4 MINUTES



# JUDGING CRITERIA

English Speech	
• Content & Research of Subject - Holy Qur'an verses, Ahadith, Jama'at literature, etc	15 Points
• Style of delivery, eye contact & Continuity	10 Points
• Overall understanding of subject	5 Points
Total	30 Points



# URDU SPEECH

## SITARA

AGE 7 - 8

- ایک طفل کی ذمہ داریاں
- میں احمدی کیوں ہوں
- میں نماز کیوں پڑھتا ہوں

• ویڈیو گیمنگ کے نقصانات

• خدا سے دعا کرو، اور وہ تمہاری دعاؤں کا جواب دے گا

• خلافت کی برکات

## HILAL

AGE 9 - 10

• بیعت اور ہماری ذمہ داریاں

• خلافت کے ذریعہ امن

• اطفال عہد اور میری ذمہ داریاں

## QAMAR

AGE 11 - 12

• اطفال عہد اور میری ذمہ داریاں

• احمدیت - یعنی حقیقی اسلام

• خلافت - اللہ کی رسی

## BADAR

AGE 13 - 15

### SPEECH DURATION

SITARA/HILAL

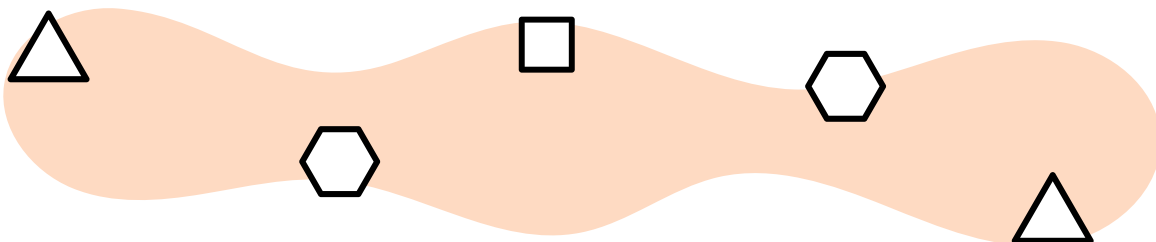
2-3 MINUTES

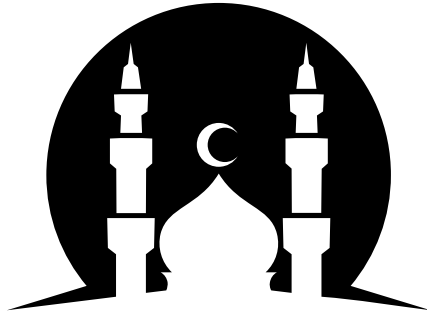
QAMAR/BADAR

3-4 MINUTES

# JUDGING CRITERIA

Urdu Speech	
• Content & Research of Subject - Holy Qur'an verses, Ahadith, Jama'at literature, etc	15 Points
• Style of delivery, eye contact & Continuity	10 Points
• Overall understanding of subject	5 Points
Total	30 Points





# SALAT

## SITARA

[AGE 7 - 8]

- Full Salat [in Arabic]

## HILAL

[AGE 9 - 10]

- Full Salat [in Arabic]
- *Niyyat, Thanaa, Surah Al-Fatihah* [with Translation]
- Prayer after Ablution [Arabic only]
- Prayer of 'Entering a Mosque [Arabic only]

## QAMAR

[AGE 11 - 12]

- Full Salat [with Translation]
- Prayer after Ablution [with Translation]
- Prayer of 'Entering a Mosque [with Translation]
- Dua-e-Qunoot [with Translation]

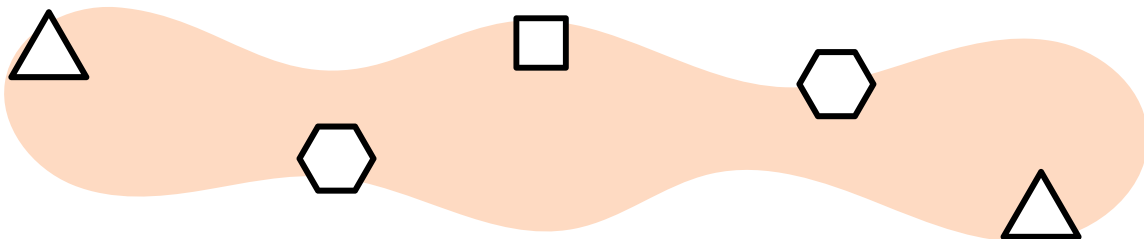
## BADAR

[AGE 13 - 15]

- Full Salat [with Translation]
- Prayer after Ablution [with Translation]
- Dua-e-Qunoot [with Translation]
- Prayer of 'Entering a Mosque [with Translation]
- Prayer for 'Leaving a Mosque [with Translation]
- Funeral Prayer [with Translation]

# JUDGING CRITERIA

Salat	
• Correctness & Clarity of Pronunciation	10 Points
• Continuity - delivery volume & speed	5 Points
• Memorization of prescribed portions	15 Points
Total	30 Points



# SALAT

Sitara Age 7 - 8

## NIYYAT (INTENTION)

وَجَّهْتُ وَجْهِيَ لِلَّذِي فَطَرَ السَّمَاوَاتِ وَالْأَرْضَ حَنِيفًا ۖ وَمَا أَنَا مِنَ الْمُشْرِكِينَ

## THANAA (GLORIFICATION)

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ وَلَا إِلَهَ غَيْرُكَ

## AT-TA'AWWUZ

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

## SURAH AL-FATIHAH

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ۝ الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ۝  
الرَّحْمَنِ الرَّحِيمِ ۝ مَلِكِ يَوْمِ الدِّينِ ۝ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ  
نَسْتَعِينُ ۝ اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ۝ صِرَاطَ الَّذِينَ  
أَنْعَمْتَ عَلَيْهِمْ ۝ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ۝

## SURAH AL-IKHLAS

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ۝ قُلْ هُوَ اللَّهُ أَحَدٌ ۝  
الَّذِي لَمْ يَلِدْ وَلَمْ يُولَدْ ۝ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ۝

# SALAT

Sitara Age 7 - 8

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## RUKU

سُبْحَانَ رَبِّيَ الْعَظِيمِ

## TASMEE'

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

## TAHMEED

رَبَّنَا وَلَكَ الْحَمْدُ حَمْدًا كَثِيرًا طَيِّبًا مُبَارَكًا فِيهِ

## SAJDAH

سُبْحَانَ رَبِّيَ الْأَعْلَى

## PRAYER BETWEEN TWO SAJDAHS

رَبِّ اغْفِرْ لِي وَارْحَمْنِي وَاهْدِنِي  
وَعَافِنِي وَاجْبُرْنِي وَارْزُقْنِي وَارْفَعْنِي

# SALAT

Sitara Age 7 - 8

## AT-TAHIYYAT AND TASHAHHUD

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ، السَّلَامُ عَلَيْكَ أَيُّهَا  
النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ، السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ  
الصَّالِحِينَ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ  
وَرَسُولُهُ

## DUROOD SHAREEF

اَللّٰهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى  
إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَّجِيدٌ، اَللّٰهُمَّ بَارِكْ  
عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ  
إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَّجِيدٌ -

## CONCLUDING PRAYERS

رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي ۖ رَبَّنَا وَتَقَبَّلْ دُعَاءِ  
رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ  
رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ

النَّارِ

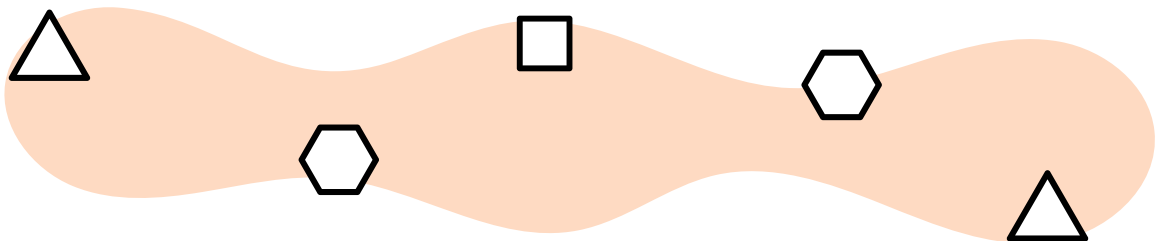
## SALAAM

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ



# JUDGING CRITERIA

Azan	
• Correctness & Clarity of Pronunciation	10 Points
• Appropriate volume and quality of voice	10 Points
• Melody & control over tune	10 Points
Total	30 Points



# Azan

اَللّٰهُ اَكْبَرُ

اَللّٰهُ اَكْبَرُ

اَللّٰهُ اَكْبَرُ

اَللّٰهُ اَكْبَرُ

اَشْهَدُ اَنْ لَا اِلَهَ اِلَّا اللّٰهُ

اَشْهَدُ اَنْ لَا اِلَهَ اِلَّا اللّٰهُ

اَشْهَدُ اَنْ مُحَمَّدًا رَّسُوْلُ اللّٰهِ

اَشْهَدُ اَنْ مُحَمَّدًا رَّسُوْلُ اللّٰهِ

حَيَّ عَلَى الصَّلٰوةِ

حَيَّ عَلَى الصَّلٰوةِ

حَيَّ عَلَى الْفَلَاحِ

حَيَّ عَلَى الْفَلَاحِ

اَلصَّلٰوةُ خَيْرٌ مِّنَ النَّوْمِ

اَلصَّلٰوةُ خَيْرٌ مِّنَ النَّوْمِ

*This line is recited during Fajr Azan only*

اَللّٰهُ اَكْبَرُ

اَللّٰهُ اَكْبَرُ

لَا اِلَهَ اِلَّا اللّٰهُ

# ESSAY COMPETITION

Due Date for Submission: **July 31, 2024**

SUBMIT YOUR ESSAY TO  
**TALEEM@ATFALUSA.ORG**

**S**itara

**Age 7 – 8**

**Max. 500 words**

- Allah – As-Samee’ – The All Hearing
- How to be a good role model?

**H**ilal

**Age 9 – 10**

**Max. 750 words**

- Khilafat in the Holy Quran
- Responsibilities of a Good Tifl

**Q**amar

**Age 11 – 12**

**Max. 1000 words**

- “I shall give precedence to My Faith Over all Worldly Matters”
- What is the need for religion?

**B**adar

**Age 13 – 15**

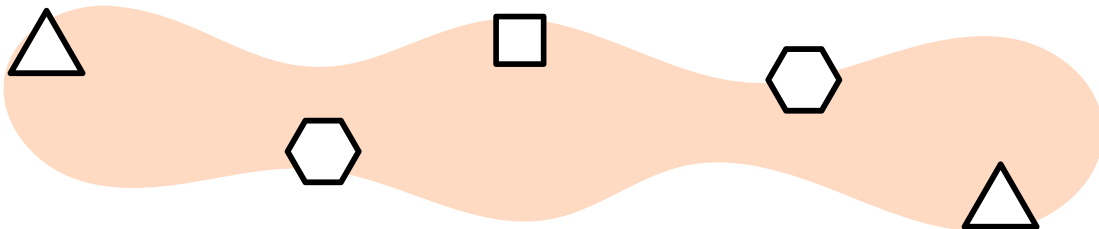
**Max. 1500 words**

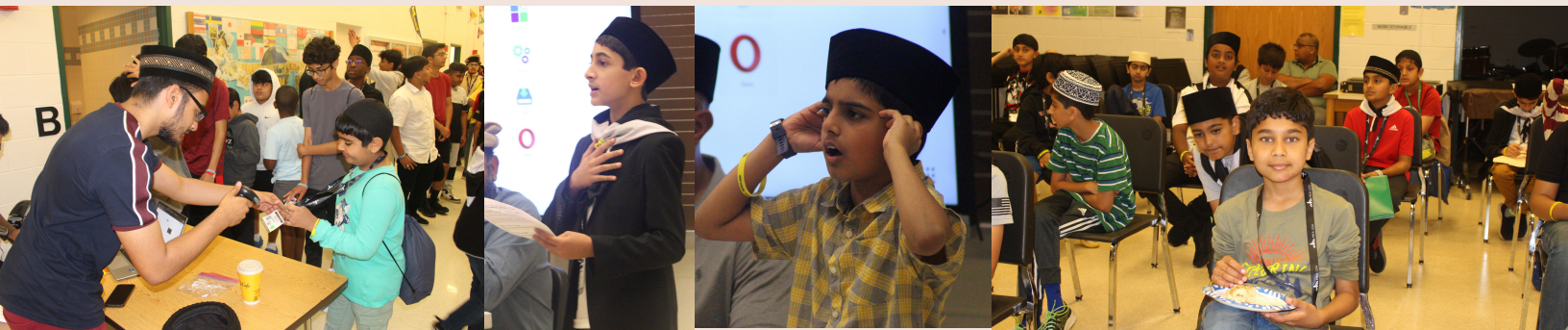
- How to safeguard Khilafat?
- What is True Sacrifice?

# JUDGING CRITERIA

## Essay Competition

<ul style="list-style-type: none"><li>• Content &amp; Research of Subject – Use of Islamic and Jama'at literature as well as current scientific and or media material to reflect a good understanding of the topic</li></ul>	30 Points
<ul style="list-style-type: none"><li>• Language &amp; Composition – Effective use of English language to convey ideas through sentences, respecting basics of grammar</li></ul>	20 Points
Total	50 Points





**- SEE YOU  
THERE!**

*Insha'Allah*

**NATIONAL IJTEMA**

**- OCT. 11 - 13, 2024 -**

**BAITUR RAHMAN,  
SILVER SPRING, MD**

LOCAL IJTEMA'AT  
REGIONAL IJTEMA'AT

MAR. 02 — 03, 2024  
MAY 03 — 05, 2024



Majlis Atfalul  
Ahmadiyya USA